



## American Institute of Vedic Studies *Dr. David Frawley & Yogini Shambhavi*

The Vedic Institute is recognized internationally as an important educational center of Vedic learning providing in depth study of Veda, Vedanta, Tantra, Ayurveda, Vedic Astrology, and Yoga based on the broader tradition of Sanatana Dharma.

**Vedacharya Vamadeva Shastri** is a most honored teacher of Vedic wisdom, both in India and the West authoring over forty books, many articles and training programs.

**Yogini Shambhavi** is one of the foremost women gurus and teachers in the Shakti tradition in Yogic, Tantric and Vedic fields. She is the author of two bestselling books on the Goddess and several beautiful Mantra CDs.



### Hawaiian Yoga Shakti Program - Tri Health Spa, Kauai, Hawaii, December 12-19 2011

*Manifest the Yoga Shakti of Prana through Pranic healing practices of Ayurveda, Shakti Tantra, Mantra, Yoga Asana*

- Connect to the Cosmic Prana with Pranayama - Explore Ancient Hawaiian sacred ruins
- Understand your unique Emotional. Mental. Spiritual being - Yogic Doshic balancing
- Meditate in a powerful Rudraksha grove - Rejuvenate with traditional Ayurvedic Spa treatments

Cost of Program - USD 2495.00 for 7 nights. Early Bird discount to September 15, 2011 - USD 2250.00

### Ma Ganga Yoga Shakti Retreat - March 7-13 2012, Himalayan foothills above Rishikesh

*Mantra Shakti Yoga empowers our total well-being through the healing grace of Heart, Mind, Body and Spirit*

We offer an empowering curriculum of Vedic thought, Yoga philosophy, deep principles and profound practices of the ancient spiritual traditions of the Himalayas.

- Learn Raja Yoga, Jnana Yoga, Bhakti Yoga, Meditation, Pranayama, Mantra, and Doshic balancing Asana
- Immerse yourself in powerful daily sacred rituals, emotional attunement, satsang and silent contemplation
- Celebrate the auspicious Holi festival of colors, the most powerful night to achieve Mantra Siddhi!
- Honor the healing force of Ma Ganga with festive evening Arati and propitiations of the Planets
- Introduction to Ayurvedic principles for Yoga practitioners, integrating the effects of elements, doshas and deeper aspects of Agni on our physical, psychological and holistic well-being.

Cost of Program - USD 2250.00 for 6 nights and 7 days. Early Bird discount to Nov. 15, 2011 - USD 2095

### Yogini Yatra Himalayan Temple Study Tour - March 13-21 2012

*Empower Your Sankalpa Shakti to Nurture. Heal. Transform*

Our sacred sojourn guides us through the Himalayan temple towns of Rishikesh, Ranikhet, Dunagiri and Jageshwar. Visit powerful wish fulfilling Goddess temples, Shiva Mahamrityunjaya temple, and Maha Avatar Babaji's cave in the celestial Kumaon Himalayas beneath the highest peaks in India.

- Empower your Sankalpa Shakti, the sacred intent, wish or desire
- Unravel the rejuvenative power of nature, plants and aromatherapy
- Deepen your sadhana and inner Yoga practice to Nurture. Heal. Transform
- Devi Mantra Shakti unraveling the power of primal sound and Bija mantras

Cost of Program - USD 2450.00 for 8 day tour. Early Bird discount to Nov. 15, 2011 - USD 2250.00

### The Vedic Institute offers comprehensive Distance Learning Programs, Courses and Consultations

*Providing training and certification to over ten thousand students worldwide over the past 25 years*

- Ayurvedic Healing Course
- Yoga Therapy, Ayurveda, Mantra & Meditation Course
- Vedic Astrology & Ayurveda Course
- Vedic Astrological Consultations with Yogini Shambhavi
- Mantra Initiation and Shakti Sadhana - Yogini Dharma or 'Way of the Yogini'

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